

## An experience: velvety-soft skin

with 100% African shea butter.

The butter can be used in many different ways for the whole body. It is an ideal care for particularly strained skin areas on elbows, knees, hands and feet as well as chapped lips or the strained ends of the hairs benefit from the outstanding care qualities of shea butter.



To make shea butter smooth we recommend to warm up a small amount of it between the hand palms. You can also heat it in a small jar by putting it on a radiator. The quality of shea butter remains very good if it is not warmed up over 35 degrees. Please heat only the needed amount of it.

### Application examples:

**Face care:** Shea butter can be used as a day cream or as a foundation for your day cream.

**Body care:** Shea butter ensures good relubrication, regulates the skin moisture content and protects it from becoming dry. It makes the skin soft and smooth and it is perfect for particularly strained skin area such as hands, elbows, knees and feet. Shea butter supports the skin resistance and therefore a massage using it helps to avoid the emergence of stretch marks and skin growing slack during the pregnancy and breastfeeding time.

**Tip:** To achieve the best effects shea butter is to be rubbed in the slightly wet skin directly after having bath or shower.

**Hand and feet care:** Rub in after washing or if needed. Hands become soft and well cared-for. Rough callused skin becomes soft and smooth.

**Lip care:** Shea butter protects the lips from becoming dry and cares for chapped and rough lips.

**Massage:** A massage with shea butter is very pleasant and cares for the skin. The butter can be warmed up for this purpose (see the information above).

**Baby care:** Shea butter is suitable for whole-body care and cleansing in the area under nappies. It calms irritated and reddened skin.

**Hair care:** Shea butter regenerates affected hair. Rub in a small amount of shea butter in the ends of the hairs one or two hours before washing it. Wrap the hair in a towel and let it work in.



This evergreen grows wild in the African savannah. Local people worship it as a healing tree of life and may not cut it down. For several centuries, shea butter has been used in traditional African medicine to maintain healthy skin and for beauty care. Shea butter already has a natural sun protection factor in it protecting the skin from moisture loss. It smoothes the skin and ensures good relubrication.